## Tropical Soup Benefits Guide- Open Enrollment

When you can change your coverage:

- 1. 90 days after your hire date when you become eligible for coverage.
- 2. Open Enrollment, the month of June.
- 3. When you notify HR\* within 30 days of a "qualifying event" such as:
  - a. Birth or adoption of a child
  - b. Getting married, divorced, or legally separated
  - c. Changing from part-time to full-time employment
  - d. Change in child custody or court order to provide coverage for a child
  - e. Your spouse/domestic partner loses or gains insurance eligibility or there is a significant change to their coverage
  - f. You or a family member becomes eligible for Medicaid, Medicare, etc
  - g. Death of spouse or dependent

#### What to Know:

- Your carrier is Florida Blue (BCBS)
  - o Phone number: 1 (800) 352-2583
  - o www.floridablue.com
- In the state of Florida, pharmacies are required to dispense generic before brand medications.
- Quest Diagnostics is your laboratory provider.
- You pay for benefits pre-tax.
- Selecting a primary care provider (PCP) is not required.
- Please see the Employer Health Benefits and COBRA sections of your employee handbook.

#### Routine Wellness Services:

If you are on the medical plan, the following preventative services are 100% covered and there is no cost (no copay, no coinsurance, no deductible).

- Routine Physical Exam
- Well Baby and Child Care
- Well Woman Visit
- Prenatal Care Visits
- Immunizations
- Routine Bone Density Test
- Routine Breast Exam
- Routine Gynecological Exam
- Screening for Gestational Diabetes
- Obesity Screening and Counseling
- Routine Digital Rectal Exam
- Routine Colonoscopy (adults age 50+)

If polyps are found it will be considered

a diagnosis

- Routine Colorectal Cancer Screening
- Routine Prostate Test
- Routine Lab Procedures
- Routine Mammograms (2D or 3D,

Women age 40+)

- Routine Pap Smear (Women ages 21 to 65, once every 3 years)
- Smoking Cessation
- Nutritional Counseling for Weight Management
- ما المامال المام
- Health Counseling for STD's and HIV
- HIV Screening
- Depression Screening

<sup>\*</sup>To notify HR, you should email <a href="mailto:hr@tropicalsoup.com">hr@tropicalsoup.com</a>, call us at (305)780-7913, or visit us upstairs at the Waterfront Brewery.

### Register Online:

Go to <a href="https://www.floridablue.com/members/group/home">www.floridablue.com/members/group/home</a>. Click "Login/Register" and follow the instructions.

From here you can access medical providers in your area who are in your insurance network.

Pricing:

For just the individual employee (yourself), deductions from checks would be:

\$210 or \$150 for medical, depending on your income.

\$3.61 for vision

Currently, this amount is about 30% of the cost. Your employer pays the other 70%.

This pricing assumes that there are two paychecks per month—when there is a third paycheck, you will not be charged.

If you make most of your money through tips or for some other reason have a check that won't cover this amount (including if you are out on leave), we will invoice you the difference. This invoiced amount must be paid within 5 days of payday.

Tiers of coverage for the individual + spouse, individual + child(ren), individual + family are also available for a higher cost.

# You can contact HR at <a href="hr@tropicalsoup.com">hr@tropicalsoup.com</a>, or (305)780-7913